



YOUR SAFETY Department  
— SAFETY Solutions —



**2018 Safety Service Rates  
US Mainland**

**Effective January 1, 2018**

**Safety Solutions Made Simple**

# Your Safety Department, LLC

Servicing San Antonio, Eagle Ford Shale Basin, South Texas and the US Mainland.

Website: [www.yoursafetydept.com](http://www.yoursafetydept.com)

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[info@yoursafetydept.com](mailto:info@yoursafetydept.com)



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## YOUR SAFETY DEPARTMENT, LLC

### OUR VISION

Our Vision is to create lasting partnerships with corporate customers to help **improve business performance and productivity** by reducing or eliminating health, safety and environmental incidents in the workplace and at home.

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### OUR MISSION

**Your Safety Department, LLC** is dedicated to reducing injuries **in your workplace**, hazardous releases **in your work environment**, destruction **of your plant and equipment** and damage **to your company's reputation**. We are staffed by highly trained and experienced professionals who have the knowledge and experience to ensure your company exceeds mere regulatory compliance. We achieve this by providing a framework of services designed to address critical activities in safety including risk assessments, safety standards and procedures, employee safety training, incident investigations and recordkeeping.

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### OUR VALUES

- 🌀 **Integrity** - We will protect the public trust by ensuring that our actions are consistent with our vision, mission, and core values. We will promote honesty and ethical behavior and deliver the highest level of customer service available. We will adhere to strict moral values and principals.
- 🌀 **Teamwork** - We believe in the spirit of cooperative effort, realizing our success depends on our ability to perform as one highly effective team.
- 🌀 **Collaborative** - We value results accomplished through a cooperative effort with our customers while working in joint intellectual efforts. We accept personal and professional responsibility to achieve the goals established for our organization.
- 🌀 **Creativity** - We will recognize that "the way we have always done it" may or may not be the best and most efficient way to deliver service. We will apply creative and cost-effective solutions in delivering services to our customers with a goal of continuously improving the quality of life.
- 🌀 **Education** - We will continuously develop knowledge or skills through a learning process.
- 🌀 **Perseverance** - We will hold a steady persistence in adhering to a course of action, a belief, or a purpose.

## US Mainland

sales@yoursafetydept.com

www.yoursafetydept.com

### SERVICE RATES

#### TRAINING, TESTING AND CONSULTING SERVICES

Topic	Prices	Unit
<b>BasicPlus CPR, AED and First Aid Training (4 Hours)</b> <small>Approved Health &amp; Safety Institute Training Center</small>	\$90.00	Per Student
<b>Bloodborne Pathogens (2 Hours)</b> <small>Approved Health &amp; Safety Institute Training Center</small>	\$20.00	Per Student
<b>PediatricPlus</b> <small>Approved Health &amp; Safety Institute Training Center</small>	\$90.00	Per Student
<b>Medic First Aid – Instructor Development - TTT</b> <small>Approved Health &amp; Safety Institute Training Center</small>	\$295.00	Per Student
<b>Medical Evaluation Questionnaire</b> <small>Meets OSHA's Respiratory Protection Standard – 29 CFR 1910.134</small>	\$29.00	Per Student
<b>Respirator Training</b> <small>Meets OSHA's Respiratory Protection Standard - 29 CFR 1910.134</small>	\$30.00	Per Person
<b>Fit Testing (Quantitative)</b> <small>Meets OSHA's Fit Testing Procedure – 29 CFR 1910.134 App A</small>	\$45.00	Per Mask
<b>Aerial Lift / Man Lift / Scissor Lift- (~6 Hours)</b> <small>as recommended by 29CFR1910.66, 29CFR1926.453</small>	\$195.00	Per Student
<b>Fall Protection Training (4 Hours)</b> <small>as recommended by 29CFR1910.66, 29CFR1926.503</small>	\$125.00	Per Student
<b>ForkLift Training/ CB, RT, Telehandlers- (~6 Hours)</b> <small>as recommended by 29CFR1910.178, 29CFR1926.602</small>	\$195.00	Per Student
<b>H2S Certification (4 Hours)</b> <small>As recommended by ANSI/ASSE Z390.1-2017</small>	\$125.00	Per Student
<b>Permit Required Confined Space (4 Hours)</b> <small>as recommended by 29CFR1926.21 &amp; 29CFR1926.1207</small>	\$125.00	Per Student
<b>OSHA 10 Hour Construction</b> <small>OSHA Outreach Construction Training</small>	\$195.00	Per Student
<b>OSHA 30 Hour Construction</b> <small>OSHA Outreach Construction Training</small>	\$495.00	Per Student
<b>PEC Safeland (8 Hours)</b> <small>Includes books and S.I.T.A.S.</small>	\$195.00	Per Student
<b>PEC Safegulf (2 Hours)</b> <small>Includes books and S.I.T.A.S.</small>	\$25.00 \$85.00	Per Student W/Safeland Per Student - Standalone
<b>PEC Safeland Core (24 Hours)</b> <small>Includes books and S.I.T.A.S.</small>	\$495.00	Per Student
<b>PEC Intro to Pipeline (2 Hours)</b> <small>Includes books and S.I.T.A.S.</small>	\$50.00 \$85.00	Per Student W/Safeland Per Student – Standalone
<b>PEC Basic Refresher (Online Course)</b>	\$55.00	Per Student
<b>PEC Midstream Training Qualifications (MSTQ) (Online Course)</b>	\$40.00	Per Student
<b>PEC Replacement Card Service</b> <small>(Replace lost cards without retaking class)</small>	\$45.00	Per Card
<b>Defensive Driving (5-6 Hours)</b>	\$25.00 and up	Per Student

Court approved Ticket Dismissal and Insurance Reduction – Online Course		
<b>Outsourced Safety Services</b> (Third-Party Contractor Qualification Management – ISNetworld, PEC, Browze, PICS, etc.)	Call for Quote	Per Contracted Rate
Site Inspections / Audits / Consultations	Call for Quote	Per Contracted Rate

- ⦿ Additional training available upon request.
- ⦿ On-Site Training Available – Travel Fee - mileage \$1.50 per mile outside 60-mile radius from Floresville, Texas.
- ⦿ Training or fit testing conducted after normal working office hours, weekends or on holidays will incur an additional fee of \$50.00 per hour with a four-hour minimum.
- ⦿ Standby time will be charged at a rate of \$50.00 per hour, per Company employee.
- ⦿ Expert Testimony - \$250.00 per hour plus travel and subsistence.

### OUTSOURCED SAFETY

**Your Safety Department, LLC** provides the tools you need to prevent incidents and accidents from occurring, avoiding releases to the environment, reducing damage to your plant and equipment and keeping your Company's reputation intact.

We accomplish this through various programs designed to identify opportunities for improvement in performance, establish and communicate key safety standards, provide safety training and education, and encourage continuous improvement in workplace safety and health.

We help you manage, monitor and resolve regulatory issues so that you can meet OSHA, EPA, FAA, DOT and other regulatory body standards with confidence.

We also provide the framework for creating change in your Company's safety culture by helping you communicate proper safety beliefs, spoken values, attitudes and behaviors in the workplace and at home.

Outsourced safety services include the analysis, development and implementation of a variety of safety solutions at client sites such as:

- 🌀 *SAFETY CULTURE ANALYSIS, DEVELOPMENT AND IMPLEMENTATION*
- 🌀 *INCIDENT INVESTIGATION, ROOT CAUSE ANALYSIS AND CORRECTIVE / PREVENTIVE ACTIONS*
- 🌀 *SAFETY ASSESSMENTS, AUDITS AND IMPROVEMENT ACTION PLANNING*
- 🌀 *RISK ASSESSMENTS AND JOB HAZARD ANALYSIS*
- 🌀 *SAFETY COMPLIANCE INSPECTIONS AND RECOMMENDATIONS*
- 🌀 *RECORDKEEPING, REPORTING AND DOCUMENT CONTROL*

The above services are offered on a quotation basis: may be quoted at a fixed, project, or annual rate depending upon client needs and scope of service(s) required. For a quotation for services please contact Your Safety Department, LLC at [info@yoursafetydept.com](mailto:info@yoursafetydept.com).



### SAFETY EQUIPMENT & SUPPLIES

Your Safety Department, LLC provides Safety Equipment and Supplies by quotation.

Our product categories include:

- ⊕ Head Protection
- ⊕ Safety Glasses
- ⊕ Safety Goggles
- ⊕ Face Shields
- ⊕ Welding Goggles
- ⊕ Lens Cleaning Products
- ⊕ Germicidal Cabinets
- ⊕ Respiratory Protection
- ⊕ Fall Protection
- ⊕ Hand Protection
- ⊕ Hearing Protection
- ⊕ Protective Clothing
- ⊕ Gas Monitors
- ⊕ Fire Extinguishers
- ⊕ Safety Training DVD's
- ⊕ Special Orders on request...

Please send an email to [sales@yoursafetydept.com](mailto:sales@yoursafetydept.com) so that we may research availability and offer you a quotation for the merchandise.



### SHIPPING & RETURNS

## SHIPPING POLICY

### Turnaround

All orders are shipped within 48 hours Monday - Friday 8am - 5pm.

### Carriers

We use the following carriers to deliver our orders:

- USPS
- UPS
- FedEx
- DHL

### Order Tracking

If a tracking # is provided by the shipping carrier, we will update your order with the tracking information. Please note that some orders using 1st Class USPS mail will not have tracking numbers.

### Shipping Rates

The rate charged for the shipping of your order is based on the weight of your products, and your location. Before the final checkout-page you will be shown what the cost of shipping will be, and you will have a chance to not place your order if you decide not to.

### Back Orders

If an item goes on back-order we will ship you the part of your order that is in stock. When the item becomes available we will ship you the rest of your order. You will not be charged any additional shipping and handling for the second shipment.



## RETURN POLICY

The return of items in original as-shipped condition will, in general (see below), be accepted for credit. Please contact Customer Service to obtain a RGA (Return Goods Authorization) number. This will ensure we are both aware a return is coming, and that credit needs to be issued.

### Re-Stocking Charges

We only charge a re-stocking fee when we are charged one ourselves. Depending on the product, and the manufacturer's policies, there may be a re-stocking charge applied. These are in the range of 15-30%. Please package returns appropriately, keeping record of tracking numbers. Insure the package if warranted, as we can only issue credit for returns we actually receive.

### Non-Returnable Items:

The following items are not refundable, or have certain restrictions on return.

Gas - We are unable to accept gas returns due to manufacturers' policies and associated HazMat fees.

BW Clip and BW Honeywell GasAlert Clip Extreme Monitors - Once activated, these units cannot be shut down and will continue to run for their two-year life span. Thus, we are unable to resell them, and they cannot be mailed back because the alarm may go off in transit. If they have never been turned on, we happily take them back.

### Refunds

Credit will be issued only to the credit card originally used to purchase the item. The customer will be responsible for cost of shipping the product back to us. Products cannot be returned after 30 days of purchase.



## GENERAL CONDITIONS OF SERVICE

### 1. GENERAL

(a) Unless otherwise agreed in writing or except where they are at variance with (i) the regulations governing services performed on behalf of governments, government bodies or any other public entity or (ii) the mandatory provisions of local law, all offers or services and all resulting contractual relationship(s) between any of the affiliated companies of "Your Safety Department, LLC" or any of their agents (each a "Company") and Client (the "Contractual Relationship(s)") shall be governed by these general conditions of service (hereinafter the "General Conditions").

(b) The Company may perform services for persons or entities (private, public or governmental) issuing instructions (hereinafter, the "Client").

(c) Unless the Company receives prior written instructions to the contrary from Client, no other party is entitled to give instructions, particularly on the scope of the services or the delivery of reports or certificates resulting therefrom (the "Reports of Findings"). Client hereby irrevocably authorizes the Company to deliver Reports of Findings to a third party where so instructed by Client or, at its discretion, where it implicitly follows from circumstances, usage or practice.

### 2. PROVISION OF SERVICES

(a) The Company will provide services using reasonable care and skill and in accordance with Client's specific instructions as confirmed by the Company or, in the absence of such instructions:

- (1) the terms of any standard order form or standard specification sheet of the Company; and/or
- (2) any relevant trade custom, usage or practice; and/or
- (3) such methods as the Company shall consider appropriate on technical, operational and/or financial grounds.

(b) Information stated in Reports of Findings is derived from the results of inspection, evaluations, or testing procedures carried out in accordance with the instructions of Client, and/or our assessment of such results on the basis of any technical standards, trade custom or practice, or other circumstances which should in our professional opinion be taken into account.

(c) Reports of Findings issued further to the assessments and evaluations contain the Company's opinion on those risks at the time of an inspection or evaluation.

(d) Should Client request that the Company witness any third-party intervention, Client agrees that the Company's sole responsibility is to be present at the time of the third party's intervention and to forward the results, or confirm the occurrence, of the intervention. Client agrees that the Company is not responsible for the condition or calibration of apparatus, instruments and measuring devices used, the analysis methods applied, the qualifications, actions or omissions of third party personnel or the analysis results.

(e) Reports of Findings issued by the Company will reflect the facts as recorded by it at the time of its intervention only and within the limits of the instructions received or, in the absence of such instructions, within the limits of the alternative parameters applied as provided for in clause 2(a). The Company is under no obligation to refer to, or report upon, any facts or circumstances which are outside the specific instructions received or alternative parameters applied.

(f) The Company may delegate the performance of all or part of the services to an agent or subcontractor and Client authorizes Company to disclose all information necessary for such performance to the agent or subcontractor.

(g) Should Company receive documents reflecting engagements contracted between Client and third parties or third-party documents, they are considered to be for information only, and do not extend or restrict the scope of the services or the obligations accepted by the Company.

(h) Client acknowledges that the Company, by providing the services, neither takes the place of Client or any third party, nor releases them from any of their obligations, nor otherwise assumes, abridges, abrogates or undertakes to discharge any duty of Client to any third party or that of any third party to Client.

### 3. OBLIGATIONS OF CLIENT

The Client will:

(a) Ensure that sufficient information, instructions and documents are given in due time to enable the required services to be performed;

(b) Procure all necessary access for the Company's representatives to the premises where the services are to be performed and take all necessary steps to eliminate or remedy any obstacles to, or interruptions in, the performance of the services;

(c) Supply, if required, any special equipment and personnel necessary for the performance of the services;

(d) Ensure that all necessary measures are taken for safety and security of working conditions, sites and installations during the performance of services and will not rely, in this respect, on the Company's advice whether required or not;

(e) Inform Company in advance of any known hazards or dangers, actual or potential, associated with any order or samples or testing including, for example, presence or risk of radiation, toxic or noxious or explosive elements or materials, environmental pollution or poisons;

(f) Fully exercise all its rights and discharge all its liabilities under any relevant sales or other contract with a third party and at law.

### 4. FEES AND PAYMENT

(a) Fees not established between the Company and Client at the time the order is placed, or a contract is negotiated shall be at the Company's standard rates (which are subject to change) and all applicable taxes shall be payable by Client.

(b) Unless a shorter period is established in the invoice, Client will promptly pay not later than 30 days from the relevant invoice date or within such other period as may be established by the Company in the invoice (the "Due Date") all fees due to the Company failing which interest will become due at a rate of 1.5% per month (or such other rate as may be established in the invoice) from the Due Date up to and including the date payment is actually received.

(c) Client shall not be entitled to retain or defer payment of any sums due to the Company because any dispute, counter claim or set off which it may allege against the Company.

(d) Company may elect to bring action for the collection of unpaid fees in any court having competent jurisdiction.

(e) Client shall pay all the Company's collection costs, including attorney's fees and related costs.

(f) In the event any unforeseen problems or expenses arise during carrying out the services the Company shall endeavor to inform Client and shall be entitled to charge additional fees to cover extra time and cost necessarily incurred to complete the services.

(g) If the Company is unable to perform all or part of the services for any cause whatsoever outside the Company's control including failure by Client to comply with any of its obligations provided for in clause 3 above the Company shall nevertheless be entitled to payment of:

- (1) the amount of all non-refundable expenses incurred by the Company; and
- (2) a proportion of the agreed fee equal to the proportion of the services carried out.

## 5. SUSPENSION OR TERMINATION OF SERVICES

The Company shall be entitled to immediately and without liability either suspend or terminate provision of the services in the event of:

(a) failure by the Client to comply with any of its obligations hereunder and such failure is not remedied within 10 days that notice of such failure has been notified to Client; or

(b) any suspension of payment, arrangement with creditors, bankruptcy, insolvency, receivership or cessation of business by Client.

## 6. LIABILITY AND INDEMNIFICATION

(a) Limitation of Liability:

(1) The Company is neither an insurer nor a guarantor and disclaims all liability in such capacity. Clients seeking a guarantee against loss or damage should obtain appropriate insurance.

(2) Reports of Findings are issued based on information, documents and/or samples provided by, or on behalf of, Client and solely for the benefit of Client who is responsible for acting as it sees fit based on such Reports of Findings. Neither the Company nor any of its officers, employees, agents or subcontractors shall be liable to Client nor any third party for any actions taken or not taken based on such Reports of Findings nor for any incorrect results arising from unclear, erroneous, incomplete, misleading or false information provided to the Company.

(3) The Company shall not be liable for any delayed, partial or total non-performance of the services arising directly or indirectly from any event outside the Company's control including failure by Client to comply with any of its obligations hereunder.

(4) The Company shall have no liability for any indirect or consequential loss including without limitation loss of profits, loss of business, loss of opportunity, loss of goodwill and cost of product recall. It shall further have no liability for any loss, damage or expense arising from the claims of any third party (including, without limitation, product liability claims) that may be incurred by the Client.

(5) Indemnification: Client shall guarantee, hold harmless and indemnify the Company and its officers, employees, agents or subcontractors against all claims (actual or threatened) by any third party for loss, damage or expense of whatsoever nature including all legal expenses and related costs and howsoever arising relating to the performance, purported performance or non-performance, of any services.

## 7. MISCELLANEOUS

(a) If any one or more provisions of these General Conditions are found to be illegal or unenforceable in any respect, the validity, legality and enforceability of the remaining provisions shall not in any way be affected or impaired thereby.

(b) During the course of providing the services and for a period of one year thereafter Client shall not directly or indirectly entice, encourage or make any offer to Company's employees to leave their employment with the Company.

(c) Use of the Company's corporate name or registered marks for advertising purposes is not permitted without the Company's prior written authorization.

## 8. GOVERNING LAW, JURISDICTION AND DISPUTE RESOLUTION

Unless specifically agreed otherwise, all disputes arising out or in connection with Contractual Relationship(s) hereunder shall be governed by the substantive laws of The State of Texas exclusive of any rules with respect to conflicts of laws and be finally settled under the Rules of Arbitration of the International Chamber of Commerce by one or more arbitrators appointed in accordance with the said Rules, each party to bear its own costs. The arbitration shall take place in Houston, Texas.

### RESPIRATOR FIT TESTING

#### Quantitative Fit Testing

For N-95, Half Mask, and Full Facepiece Respirators

#### NOTES: We can test all:

- **N-Series, R-Series and P-Series - Filtering Facepieces rated 95, 99 and 100.**

- **Scott AV-2000 - Full Facepiece Respirators - all sizes (our respirators)**

Our adaptors also fit Scott AV-3000, Scott-O-Vista, Weld-O-Vista and Model 65 (bring your respirators)

- **MSA Advantage 4000 Series (4100 & 4200) and MSA Ultra Elite - Full Facepiece Respirators - all sizes (our respirators) MSA Comfo Classic, Elite - Half Mask and Full Facepiece Respirators - all sizes (our respirators)**

Our adaptors also fit MSA 3200 Full Facepiece Respirators; Ultra Twin Full Facepiece Respirator; Ultra-Elite (including FireHawk, AirHawk, or BlackHawk models) Twin Cartridge Large Diameter Threaded; and Duo-Twin Full Facepiece Respirator (bring your respirators)

- **3M SERIES 6000 - Full Facepiece Respirators - all sizes (our respirators)**

Our adaptors to fit Series 7500 and Series 7800 Half and Full Facepiece Respirators and Series FF-400 and Series 7900 Full Facepiece Respirators; 200 LS and 420 Half Masks (bring your respirators)

- **Draeger**

Our adaptors fit X-plore 6300, 6530 and 6570 Full Facepiece Respirators; FPS 7000 & DHR 7000 series (SCBA), Panorama Nova, M2000, Futura, CDR 4500 (CBRN) Full Facepiece

Respirators; Combitox Nova - RD40 (40mm threaded) and Cirrus RD40 (40mm threaded) Half Masks (bring your respirators)

**Should you have different mask requirements we will be pleased to obtain the adaptors with appropriate notice.**

#### On-Line Respirator Medical Screening (MEQ)

- Available in English and Spanish.
- Reviewed by a licensed PLHCP.
- Immediate results available.
- HIPPA Compliant Tracking.
- Results automatically emailed to company administrator.

#### Respirator Training

We help to ensure your employees understand why respirators are necessary, what the limitations and capabilities of the respirator are, how to inspect, don, doff, use and check the respirator, how to maintain and store the respirator and how to recognize medical signs and symptoms that may limit or prevent effective use of respirators.

From large entities and organizations such as hospitals, clinics, manufacturers, construction, and refiners; to small business entities that are required to meet OSHA requirements, Your Safety Department provides fast, efficient and quality service.

● **MEQ** **\$29.00 (if needed)**

● **Respirator Training** **\$30.00 (if needed)**

● **Fit Testing** **\$45.00 per mask**

- Every Day from 8:00 to 5:00
- Weekends and Evenings may be scheduled
- Please call to schedule testing at your site

## PEC SAFELAND

Your Safety Department, LLC is PEC authorized for PEC SafeLand USA Training and Certification for requirements by the operator oil companies. More and more operator oil and gas companies are requiring employees to successfully complete a SafeLand USA orientation program and carry on their person an official photo-ID badge indicating they have completed it. The PEC SafeLand USA course includes the following information.

### Topics Included:

- SafeLand USA Certification
- Confined Space Entrant / Attendant (OSHA 29 CFR 1910.146)
- Rigging
- Hydrogen Sulfide (H<sub>2</sub>S) (OSHA 29 CFR 1910.1000)
- Lockout/Tag-out (OSHA 29 CFR 1910.147)
- Fall Protection (OSHA 29 CFR 1926.500)
- Hazmat (HM 126) (DOT 49 CFR Part 171)
- Hazardous Communications (OSHA 29 CFR 1910.1200)
- Personal Protective Equipment
- Hearing Conservation (OSHA 29 CFR 1910.95)
- Emergency Response
- Process Safety Management
- Welding Safety
- Defensive Driving
- Hazwoper (Oper.) (OSHA 29 CFR 1910.120 and API RP 75)
- Fire Protection
- Medical Records
- Forklift Safety (OSHA 29 CFR 1910.178)
- Respiratory Protection (OSHA 29 CFR 1910.134)
- Electrical Safety
- Back Safety
- Alcohol and Substance Abuse Awareness

The PEC Basic Orientation / SafeLand USA safety awareness course was designed to take the place of multiple Operator orientations and to give each student a general idea of life and safety issues in the oil and gas industry, upstream, downstream onshore. This one-day program meets OSHA, and almost all Major and Mid-Major Operators in and outside of the

USA, requirements and provides a basic understanding at an awareness level of certain general safety information that an employee should know before entering a company facility and while performing their assigned work duties.

Over 25 of the leading oil and gas operators accept this orientation as it meets their requirements. Upon successful completion, each student is issued a picture ID with a unique bar code. The student information is then stored in an online database. This orientation has become the standard program for the industry and certifies a student at awareness level.

Your Safety Department, LLC is proud to be in good standings with P.E.C Premier and authorized to provide Safe Land USA training to our Oil & Gas Industry.

We can provide this training at your location no matter how far away it may be. We strive to make training times and locations flexible allowing all employees to take advantage of their time. Please check the calendar for available training dates.

● **Cost per student \$195.00**

● **Please use our [schedule training link](#) or request training and we will respond within 24 hours of your request.**



### PEC SAFEGULF

Your Safety Department, LLC is PEC authorized for PEC SafeGulf Training and Certification for requirements by the operator oil companies. More and more operator oil & gas companies are requiring employees to successfully complete a PEC SafeGulf orientation program and carry on their person an official photo-ID badge indicating they have completed it. The PEC SafeGulf course includes the following information.

#### Topics Included:

- SafeGulf Certification
- SafeLand USA Certification "Included at no extra cost"
- Offshore Orientation (API RP 75 & API RP T-1)
- Confined Space Entrant / Attendant (OSHA 29 CFR 1910.146)
- Rigging
- Hydrogen Sulfide (H2S) (OSHA 29 CFR 1910.1000)
- Lockout/Tag-out (OSHA 29 CFR 1910.147)
- Fall Protection (OSHA 29 CFR 1926.500)
- Hazmat (HM 126) (DOT 49 CFR Part 171)
- Hazardous Communications (OSHA 29 CFR 1910.1200)
- Personal Protective Equipment
- Hearing Conservation (OSHA 29 CFR 1910.95)
- Emergency Response
- Process Safety Management
- Welding Safety
- Defensive Driving
- Hazwoper (Oper.) (OSHA 29 CFR 1910.120 and API RP 75)
- Fire Protection
- Medical Records
- Forklift Safety (OSHA 29 CFR 1910.178)
- Respiratory Protection (OSHA 29 CFR 1910.134)
- Electrical Safety
- Back Safety
- Terrorism Response Awareness Program (TRAP)
- Alcohol and Substance Abuse Awareness
- Safety Environmental Management System (SEMS II)
- Offshore Transportation (Departure, Helicopter, Boat, Arrival, etc.)
- Offshore Safety (Swing Ropes / Personnel Baskets, Water Safety, etc.)

The PEC Basic Orientation / SafeGulf safety awareness course was designed to take the place of multiple Operator orientations and to give each

student a general idea of life and safety issues in the oil and gas industry, upstream, downstream, onshore or offshore. This one-day program meets (API RP 75 & API RP T-1), OSHA, BSSE, and almost all Major and Mid-Major Operators in and outside of the USA, requirements and provides a basic understanding at an awareness level of certain general safety information that an employee should know before entering a company facility and while performing their assigned work duties.

Over 25 of the leading oil and gas operators accept this orientation as it meets and/or exceeds their minimum orientation requirements. Upon successful completion of this course, each student is issued a picture ID with a unique bar code. The student information is then stored in their company's profile via P.E.C Safety's online database. This orientation has become the standard program for the industry and certifies a student at awareness level.

Your Safety Department, LLC is proud to be in good standings with P.E.C Premier and authorized to provide Safe Gulf and Safe Land USA training to our Offshore Industry.

We can provide this training at your location no matter how far away it may be. We strive to make training times and locations, flexible allowing all employees to take maximum advantage of their time.

- **Cost per student: \$25.00 with Safeland class**
- **Cost per student \$85.00 Standalone class**
- **Please use our [schedule training link](#) or request training and we will respond within 24 hours of your request.**



## PEC CORE COMPLIANCE

Your Safety Department, LLC is proud to be in good standings with P.E.C Safety and authorized to provide **24 Hour PEC Core Compliance training** to our Onshore and Offshore Industry. We can provide this training at your location no matter how far away it may be at an affordable rate. We make training times and locations flexible, allowing our customers to take maximum advantage of their time.

We do offer significant DISCOUNTS to those companies that schedule large groups of students for any course.

### Topics Included:

- **SafeGulf** Certification
- **SafeLand** Certification
- Offshore Orientation (API RP 75 & API RP T-1)
- Confined Space Entrant / Attendant (OSHA 29 CFR 1910.146)
- Rigging
- Hydrogen Sulfide (H<sub>2</sub>S) (OSHA 29 CFR 1910.1000)
- Lockout/Tag-out (OSHA 29 CFR 1910.147)
- Fall Protection (OSHA 29 CFR 1926.500)
- Hazmat (HM 126) (DOT 49 CFR Part 171)
- Hazardous Communications (OSHA 29 CFR 1910.1200)
- Personal Protective Equipment
- Hearing Conservation (OSHA 29 CFR 1910.95)
- Emergency Response
- Process Safety Management
- Welding Safety
- Defensive Driving
- Hazwoper (Oper.) (OSHA 29 CFR 1910.120 and API RP 75)
- Fire Protection
- Medical Records
- Forklift Safety (OSHA 29 CFR 1910.178)
- Respiratory Protection (OSHA 29 CFR 1910.134)
- Electrical Safety
- Terrorism Response Awareness Program (TRAP)
- Back Safety
- Alcohol and Substance Abuse Awareness
- Offshore Waste Management

Your Safety Department, LLC can help your company become **SafeLandUSA** & **SafeGulf** compliant, as required by the operator oil companies. We enable

you to complete a variety of other training needs with the **24 Hour PEC Core Compliance** Program. More and more operator oil companies are requiring employees to successfully complete a SafeLandUSA or SafeGulf orientation program. Many employees may also require training above and beyond the basic awareness levels.

In these cases, the 24 Hour Core Compliance program may be a much better solution to meet these needs. Operator companies require employees to carry on their person an official photo-ID badge indicating they have completed the SafeLandUSA or SafeGulf orientation. Upon successful completion, each student receives their Photo ID Badge that shows completion of both SafeLand USA, SafeGulf and all of the other topics covered.

The **PEC Core Compliance** program brings together the health, safety and environmental training certifications most requested by oilfield operators and other host employers. **PEC Core Compliance is SafeGulf and SafeLand accredited** and is accepted by every major and most mid-major operators in the USA, Canada and Qatar. This in depth training program will ensure your employees are compliant with your Company, Host Operator, OSHA and BSEE safety training requirements.

Material presentation is structured to build on common content in a high intensity three-day format. The instructor led interactive training will certify you in training levels beyond awareness level. Each student receives documentation of completion in the form of a PEC picture ID and a certificate of completion. The student's information will be entered into the PEC International Training Registry. This documentation is available via the internet through the PEC Training Tracker site.

● **Cost per student \$495.00**

● **Please use our [schedule training link](#) or request training and we will respond within 24 hours of your request.**

### PEC BASIC INTRO TO PIPELINE

The PEC Pipeline Course is an orientation module which can be used to enhance PEC Basic Orientation, Basic/10, or Core Compliance. This module is customized for workers in the Midstream/Pipeline segment of the Oil & Gas Industry. Basic Intro to PEC Pipeline Course is available to anyone that has already completed PEC Basic Orientation, Basic/10, or Core Compliance class.

#### PREREQUISITE

Student must have completed one of the following PEC Basic Orientation, Basic / 10, or PEC Core Compliance. Proof can be provided by possessing a valid PEC Photo ID Card or by verifying training at [www.peccard.com](http://www.peccard.com). Students PEC ID Number will be needed to complete this course.

#### METHOD OF INSTRUCTION

Methods of instruction include but are not limited to, lecture, videos, and power point presentation. Each student will be required to take a written test at the end of the course.

#### COURSE OBJECTIVES

Upon completion of Basic Intro to Pipeline, the student will have general knowledge of Pipeline history, regulatory standards "PHMSA, DOT", and Safety Concerns when working on or around pipelines.

#### COURSE LENGTH and TOPICS/UNITS

1 Hour Class Room Session

Some of the topics covered are:

- Agencies and Regulations Relating to the Pipeline Industry
- Preparation for Pipeline Transportation
- Pipe Handling
- Hazardous Materials

- Transportation of Hazardous Materials
- Equipment Operation and Maintenance
- Excavation and Guidelines for Pipelines

#### TEXTBOOK(S) AND REQUIRED TOOLS OR SUPPLIES

Student Workbook provided to each student.

Student Test & Test Answer Sheet supplied for each student.

Pen's, Hand-out's and any applicable forms are provided for each student.

#### TESTING & GRADING PLAN

Grading and testing procedures will strictly follow PEC Safety, requirements.

Each Student must pass the written test with a passing grade of 80% or better. Should a student fail the written portion of the test that student will be allowed only one (1) retest.

Any student caught cheating during written testing will be immediately removed from the class and our specified contact will be notified immediately.

- **Cost per student: \$50.00 with Safeland class**
- **Cost per student: \$85.00 Standalone class**
- **Please use our [schedule training link](#) or request training and we will respond within 24 hours of your request.**





### PEC BASIC REFRESHER

#### PEC BASIC ORIENTATION REFRESHER COVERS

- American Petroleum Institute (API)
- American National Standards Institute (ANSI)
- 29 CFR 1910
- 29 CFR 1926

PEC Basic Orientation Refresher (Basic Refresher) is an eLearning course that refreshes the PEC Basic Orientation course content.

PEC Basic Refresher provides general safety information to reinforce worker awareness of hazards they may encounter in their workplace and strengthens student knowledge of various practices to mitigate those hazards. Students will be reminded of OSHA regulation and industry best practices, and how to apply that knowledge to stay safe in the workplace.

#### CERTIFICATIONS

Upon successful completion of the course, students PEC Digital ID card will be updated via the PEC Mobile App and the student's record will populate in the PEC Advanced Training Tracker. Employers may also verify course completion by accessing the PEC website at [www.peccard.com](http://www.peccard.com).

#### COURSE EVALUATION

Students must complete exam upon completion of the eLearning course. A score of 100% is required to verify competency in Basic Refresher topics. Students are given an opportunity to review missed questions and related content prior to retest on the missed questions

#### COURSE COMPONENTS

PEC Basic Refresher course components refresh the following topics:

- Accident Prevention Signs and Tags

- Behavior Based Safety
- Confined Space Entry
- Electrical Safety
- Elevated Work (Fall Protection, Walking/Working Surfaces, Ladders)
- Emergency Response (First Aid, Fire Safety)
- Excavation and Trenching
- Hazard Communication
- Identifying Hazards and Hazard Control
- Incident Investigation
- Incident Reporting
- Job Safety Analysis
- Lockout/Tagout
- Materials Handling (Forklift, Rigging Safety)
- Occupational Health
- OSHA Recordkeeping
- Personal Protective Equipment
- Process Safety Management
- Respiratory Protection
- Safety and Environmental Management Systems (SEMSII) (Offshore Course Only)
- Stop Work Authority
- Work Permits

● **Cost per student \$55.00**

● **Please use call us at 888-859-5653 to obtain your online training key.**

### PEC MSTQ

#### **Midstream Training Qualifications (MSTQ): Core Training Requirements**

PEC Safety was chosen by two of the largest energy infrastructure and pipeline companies in the United States to develop a training module, Midstream Training Qualifications (MSTQ). The MSTQ module taken in conjunction with SafeLandUSA, enables contractors and sub-contractors to satisfy the requested MSTQ Core Training Requirements.

MSTQ is a new set of training requirements for participating members of the midstream industry comprised of core training, non-core training and hands-on training requirements. Currently the MSTQ module in addition with SafeLandUSA satisfies only the awareness level core training requirements. The additional non-core training and hands-on training will be added in phases over time.

#### **Meeting MSTQ Core Training Requirements**

To satisfy MSTQ Core Training Requirements, contractors and sub-contractors must successfully complete SafeLandUSA in addition to the MSTQ Core module. SafeLandUSA must have been completed in the last 365 days prior to completing the MSTQ Core module to satisfy the MSTQ Core Training Requirements.

To check the date of your SafeLandUSA credential, visit [www.peccard.com](http://www.peccard.com).



- **Cost per student \$40.00**
- **Please use call us at 888-859-5653 to obtain your online training key.**

## H2S CERTIFICATION

Your Safety Department, LLC offers an approved 4-hour H2S Certification course in accordance with the ANSI/ASSE Z390.1-2017 Standard.

**(Length: 4-5 hours)**

The attendee to the class will become familiar with the dangers associated with entering and working safely in an H2S environment. The key objective is to educate the participant about the physical and chemical properties, toxicity, concentration levels, personal protective equipment use, detection measures, rescue, and first aid.

The attendee will be required to successfully complete a written evaluation of the information presented during this training session in accordance with the ANSI Z390.1-2017 Standard.

### WHO SHOULD TAKE THE COURSE:

This course is designed for personnel with "hands-on" work on and around equipment which may be exposed to an H2S environment. Common locations are oil and gas facilities, rigs, sewer systems, refineries, gas plants, land-fills, waste water treatment plants and compressor stations.

### CORE CONTENT:

- What is H2S
- Common Industrial Sites
- Properties and Characteristics of H2S
- Concentrations / Toxic Levels
- Case Studies and Videos
- H2S Effects on Individuals
- Detection and Monitoring
- Contingency and Emergency Response Plans
- Personal Protective Equipment
- Rescue, First Aid Techniques and Post Exposure Evaluation
- Final Exam

### Additional topics Covered in H2S Certification

- Acute and Chronic Health Effects
- Administrative Controls
- API Hazard Conditions
- Burning, Flaring, and Venting
- Characteristics of Hydrogen Sulfide
- Chemical and Physical Properties
- Company and Worker Responsibilities
- Contingency Plans
- Corrective Actions and Shutdown Procedures
- Detection and Monitoring Methods
- Dispersion Models
- Effects of Hydrogen Sulfide on Metals
- Emergency Response and Evacuation
- Emerging Technology
- Engineering Controls
- First Aid and Post-Exposure Evaluation
- Hydrogen Sulfide in Confined Spaces
- Hazard Communication for Hydrogen Sulfide
- Hazards of Hydrogen Sulfide and Sulfur Dioxide
- Ignition Sources
- Immediate Action Plans
- Methods for Detecting and Monitoring
- Personal Protective Equipment
- Rescue Techniques
- Respiratory Protection
- Routes and Limits of Exposure
- Safe Work Practices
- Sensitivity and Acute and Chronic Health Effects
- Sources of Hydrogen Sulfide
- State and Federal Regulatory Requirements
- Training Requirements
- Transportation
- Ventilation
- Warning Signs and Alarms
- Wind Direction

The successful participant will receive a wallet sized, laminated H2S Certification Card valid for a period of one year.

- **Cost per student \$125.00**
- **Please use our [schedule training link](#) or request training and we will respond within 24 hours of your request.**

### BASIC PLUS, CPR, AED AND FIRST AID FOR ADULTS

**(Length: 4-5 hours)**

MEDIC First Aid BasicPlus CPR, AED, and First Aid for Adults is an objective-driven, skills based training program. The students must perform the following skills competently without assistance:

#### SKILL EVALUATION

- Removal of contaminated gloves
- External chest compressions
- Rescue breaths using a CPR mask or shield
- Primary assessment for an unresponsive person
- CPR as a single provider including turning on an AED
- Primary assessment for a responsive person
- Control of severe bleeding
- Stabilization of a suspected head, neck, or back injury
- Stabilization of a swollen, painful, deformed limb

#### WRITTEN EVALUATION

Required only when specified by organizational, local, or state regulation. Recommended for designated responders with a duty or employer expectation to respond in an emergency and provide first aid care. Successful completion requires a correct score of 70% or better.

#### Target Audience

Persons who are occupationally required or just desire to have first aid knowledge and skills, such as emergency response teams in business and industry, school bus drivers, adult

residential care personnel, child care workers, teachers, parents, and babysitters.

#### Prerequisites

There are no prerequisites for this course.

#### Certification Period

A certification card is issued upon successful completion of this course. The certification period is valid for up to 2 years.

**Cost per student \$90.00**

Please use our [schedule training link](#) or request training and we will respond within 24 hours of your request.



### BLOODBORNE PATHOGENS IN THE WORKPLACE

**(Length: 1.5 - 2 hours)**

This bloodborne pathogens training program will provide students with the essential knowledge necessary to help reduce or eliminate the occupational risk of exposure to bloodborne pathogens. The goal of the course is to help students understand the risk and develop behaviors that will help protect them when they are exposed to blood or other potentially infectious materials.

#### PERFORMANCE EVALUATION

Successfully complete the course requirements for the Bloodborne Pathogens in the Workplace program.

#### WRITTEN EVALUATION

Optional

#### Target Audience

Individuals with a reasonable anticipation of contact with blood or other potentially infectious materials as a result of performing designated job duties.

#### Prerequisites

There are no prerequisites for this course. This course is offered in conjunction with [BasicPlus CPR, AED and First Aid for Adults](#).

#### Certification Period

A certification card is issued upon successful completion of this course. The certification period is valid for 1 year.

**Cost per student \$20.00**

Please use our [schedule training link](#) or request training and we will respond within 24 hours of your request.



### PEDIATRIC PLUS

**(Length: 1.5 - 2 hours)**

MEDIC First Aid Child/infant CPR and AED Supplement is an objectives-driven, skills-based training program. To receive certification, students must perform the following skills competently without assistance:

#### SKILLS EVALUATION

- External chest compression (for child and an infant)
- Rescue breaths using a CPR mask or shield (for a child and an infant)
- Primary assessment for an unresponsive child/infant
- CPR as a single provider including turning on an AED (for a child and an infant)

#### WRITTEN EVALUATION

Required when specified by organizational, local, or state regulation. It is recommended for designated responders with a duty or employer expectation to respond in an emergency and provide first aid care. Successful completion requires a correct score of 70% or better.

#### Target Audience

Individuals who are not healthcare providers or professional rescuers but desire or are required to be certified in Child and Infant CPR and AED.

#### Prerequisites

CPR and AED for Adults (Either prior certification or in conjunction with this class) or in conjunction with a Medic First Aid Basic Plus course. This course offered in conjunction with [BasicPlus CPR, AED and First Aid for Adults](#).

#### Certification Period

A certification card is issued upon successful completion of this course. The certification period is valid for 2 years.

**Cost per student \$90.00**

Please use our [schedule training link](#) or request training and we will respond within 24 hours of your request.



### MEDIC FIRST AID INSTRUCTOR TRAINING

**(Length: 8 hours)**

MEDIC First Aid has a two-step process for becoming authorized as a MEDIC First Aid Instructor.

#### Step One – Provide Training

A person who wishes to become a MEDIC First Aid Instructor must first attend and successfully complete a MEDIC First Aid provider-level training course.

#### Step Two – Instructor Training Class

A person who wishes to become a MEDIC First Aid Instructor must attend and complete a classroom training session designed to help new Instructor become comfortable with the use of the instructional elements used with MEDIC First Aid Training Programs and to ensure the skill competence of each Instructor Candidate.

#### WRITTEN EVALUATION

Required - Successful completion requires a correct score of 80% or better.

#### PERFORMANCE EVALUTION

Required – facilitate knowledge and skills.

#### Target Audience

Persons with little or no previous teaching experience who desire or require sufficient competency to teach, evaluate, and certify participants in MEDIC First Aid training programs or Instructors whose teaching authorization has lapsed, or otherwise affected by a quality assurance issue.

#### Prerequisites

The candidate must be at least 17 years old.

The candidate must attend and complete a MEDIC First Aid provider-level training course.

#### Certification Period

A certification card is issued upon successful completion of this course. The certification period is valid for 2 years.

- **Cost per student \$295.00**
- **Please use our [schedule training link](#) or request training and we will respond within 24 hours of your request.**



## FORKLIFT TRAINING

Our blended course includes both **General Training** on multiple pieces of equipment of a particular type including counterbalanced forklifts, rough terrain forklifts, vertical masts forklifts, and telehandlers in a classroom setting followed by **Familiarization** with specific models prior to use and a documented **Practical Evaluation** to ensure competency to the certification requirements.

### General Training (Length: 4-5 hours)

The attendee to the class will become familiar with the general instructions for operators regarding inspection, application and operation of forklifts including recognition and avoidance of hazards associated with their use as covered in ANSI/ITSDF B56.1-2012 and ANSI/ITSDF B56.6-2005. These practices include:

- The actual operation of the forklift "under the direction of a qualified person."
- The need for the trainee to operate the powered industrial truck for a sufficient period of time to demonstrate proficiency.
- Regulations and standards
- The need to perform workplace inspections
- Recognition and avoidance of common hazards
- Operator warnings and instructions
- The purpose and use of manuals
- A pre-start inspection
- Factors affecting stability
- Personal protective equipment
- General equipment components
- Safe use of equipment
- The proper selection of the powered industrial truck and equipment for the job at hand
- The application and understanding of typical options that are associated with larger machines: e.g. outriggers, stabilizers, extendable axles, envelope management system, load-moment devices and dual capacity

When completed, the General Training is the first step for qualifying an operator to operate any like-type powered industrial truck as long as he/she is also

familiarized with the controls and safety devices of the other like-type equipment.

### Familiarization (Length: ~1 hours)

Familiarization training includes a review of the following with each person designated to operate the equipment.

- Review pre-start inspection procedures
- Confirm that the manual(s) as specified by the manufacture are on the powered industrial truck
- Review control functions
- Review safety devices specific to the model powered industrial platform being delivered

### Practical Evaluation (Length: ~30 minutes)

- Visual Checks
- Operator Checks
- Basic Operating Procedures
- General Safety

### WHO SHOULD TAKE THE COURSE:

This course is designed for personnel who are employers, supervisors, owners, operators, users and qualified personnel who require training prior to the operation of powered industrial trucks in accordance with OSHA Regulations.

The successful participant will receive a wallet sized, laminated Counterbalance and/or Rough Terrain Certification Card valid for a period of three years.

**Please call to schedule, or use our contact form and we will respond within 24 hours of your request.**

### WHO SHOULD TAKE THE COURSE:

- **Cost per student \$195.00**
- **Please use our [schedule training link](#) or request training and we will respond within 24 hours of your request.**



## AERIAL WORK PLATFORM TRAINING

Our blended course includes both **General Training** on multiple pieces of equipment of a particular type including push arrounds, boom lifts, scissor lifts and trailer-mounted boom lifts in a classroom setting followed by **Familiarization** with specific models prior to use and a documented **Practical Evaluation** to ensure competency to the certification requirements.

### General Training (Length: 4-5 hours)

The attendee to the class will become familiar with the general instructions for operators regarding inspection, application and operation of AWP equipment, including recognition and avoidance of hazards associated with their use as covered in ANSI/SIA Standards A92.3, A92.5 and A92.6. These practices include:

- The actual operation of the aerial platform "under the direction of a qualified person."
- The need for the trainee to operate the platform for a sufficient period of time to demonstrate proficiency.
- Regulations and standards
- The need to perform workplace inspections
- Recognition and avoidance of common hazards
- Operator warnings and instructions
- The purpose and use of manuals
- A pre-start inspection
- Factors affecting stability
- Personal protective equipment including fall protection
- General equipment components
- Safe use of equipment
- The proper selection of the AWP equipment for the job at hand
- The application and understanding of typical options that are associated with larger machines: e.g. outriggers, stabilizers, extendable axles, envelope management system, load-moment devices and dual capacity

When completed, the General Training is the first step for qualifying an operator to operate any like-type AWP as long as he/she is also familiarized with the

controls and safety devices of the other like-type equipment.

### Familiarization (Length: ~1 hours)

Familiarization training includes a review of the following with each person designated to operate the equipment.

- Identify the weather resistant compartment (for manual(s) storage)
- Confirm that the manual(s) as specified by the manufacture are on the aerial platform
- Review control functions
- Review safety devices specific to the model aerial platform being delivered

### Practical Evaluation (Length: ~30 minutes)

- Visual Checks
- Operator Checks
- Basic Operating Procedures
- General Safety

### WHO SHOULD TAKE THE COURSE:

This course is designed for personnel who are employers, supervisors, owners, operators, users and qualified personnel who require training prior to the operation of aerial work platforms in accordance with OSHA Regulations.

The successful participant will receive a wallet sized, laminated Aerial Work Platform Certification Card valid for a period of three years.

**Please call to schedule, or use our contact form and we will respond within 24 hours of your request.**

### WHO SHOULD TAKE THE COURSE:

- **Cost per student \$195.00**
- **Please use our [schedule training link](#) or request training and we will respond within 24 hours of your request.**